

WELCOME
BACK!

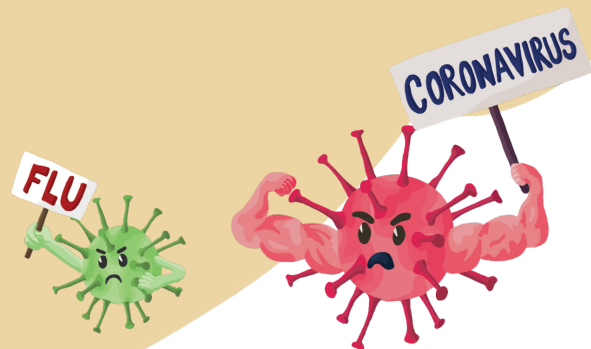




Written and
illustrated by
Sara Kelly, MSW

Because of Coronavirus, there are a lot of strange things going on in the world right now, and some of it might seem scary and confusing.

Coronavirus is like a really strong version of the Flu, and because we want to stay safe, we've had to make some changes to our daily routines.



At first, a lot of the places that we normally went to were closed, so we couldn't do the things that we normally would, like going to school, shopping at stores, or visiting playgrounds.





Now that scientists and doctors have learned more about Coronavirus, they've figured out ways that we can be extra safe as we start getting back into our old routines.



There are a few easy things that we can do to stay healthy. For example, we can wear facemasks when we're not at home, wash our hands often, and stay about 6 feet away from each other. Stretch out your arms, if you can touch the people around you, you're too close!

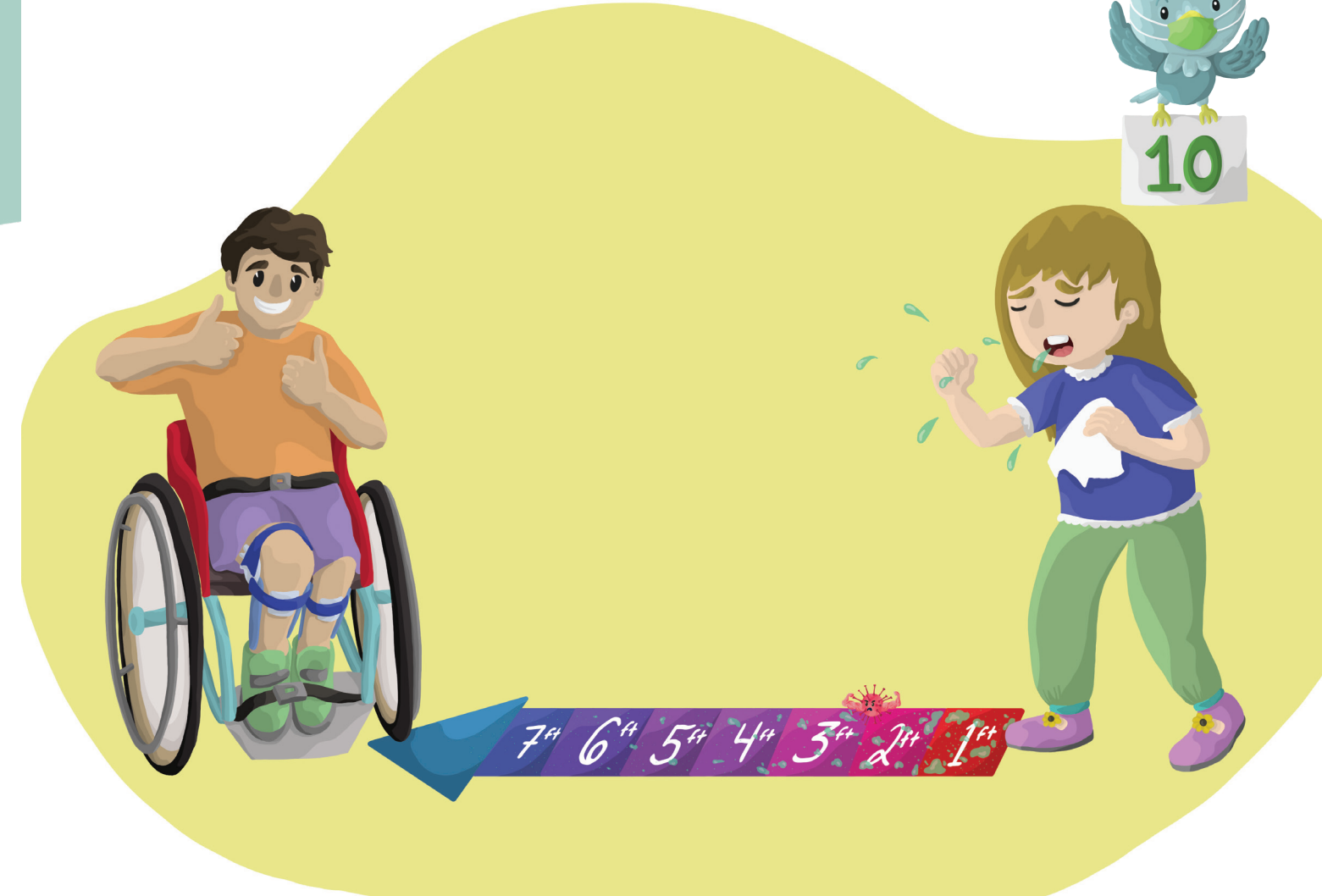




With hand washing, always remember to use soap and warm water, and wash for at least 20 seconds. A good way to make sure that we're doing it right is to sing Happy Birthday twice while washing. If you're not able to find soap and water, hand sanitizer can be used instead.



It might feel silly or strange to have a lot of space between each other at first, and that's okay! It's important to keep our distance because it helps us keep our germs to ourselves.



11



Let's pretend that germs are like paint. If your hands are covered in paint, you'll leave a little bit of paint on all of the different things that you touch. Other people might touch those same things after you, and then boom, they've got paint on their hands, too.

12



Unlike paint, we can't actually see germs, so it can be hard to tell if someone is carrying the kind of germ that can get us sick with Coronavirus. Because of this, we have to be extra careful just in case. By keeping our distance, we're all helping to stop the spread of Coronavirus.



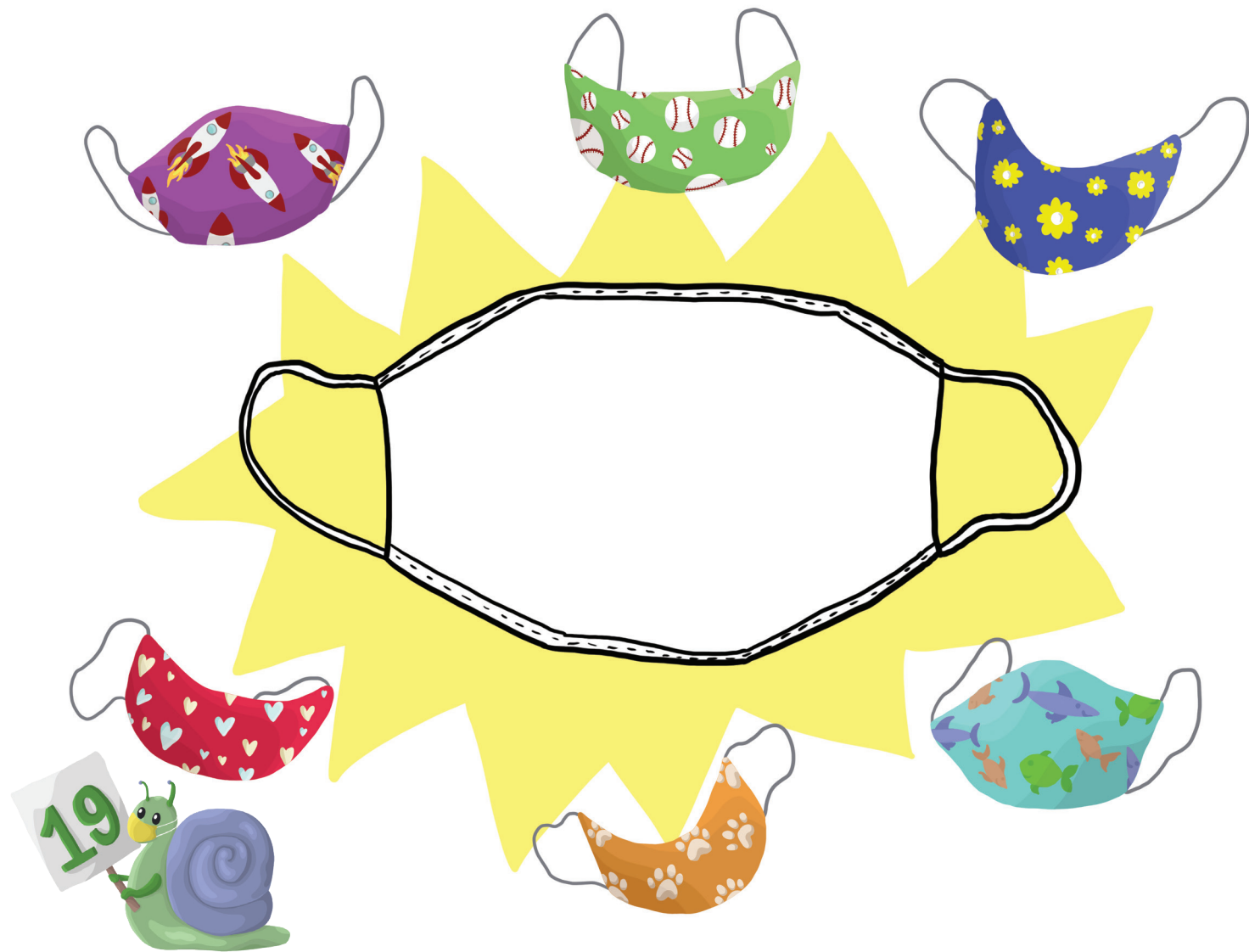


The last major way for us to stop the spread of the virus is to wear facemasks. Just like how keeping our distance prevents us from sharing germs, facemasks help us keep our germs to ourselves.



When we go back to Just Kids, things will be a little bit different than before. Changing our routines can feel weird, but we're all learning how to do it together.





Our teachers and classmates will have masks on. At first, it can feel scary to see people wearing masks. Just remember, they're wearing them because they care about us and want to help keep us **safe.**

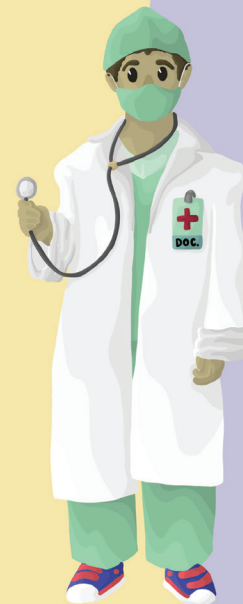
Color in what you want your mask to look like!



Wearing a mask can feel silly
at first. We can get more
comfortable with wearing them
by practicing at home, and by
using our imagination to make it
fun!



21



22

23



Going back to school and seeing all these changes can make us feel nervous. Just remember, we can always talk to our teachers when we feel this way.



24

To make sure we're keeping enough space between one another, there will be fewer students in each class.





Even though some of our friends
might not be in our classes
anymore, they might be right
next door! By spreading everyone
out, we're helping to stop the
spread of germs.

For lots of different reasons, some of our friends will continue their learning at Just Kids from home.

This is okay too, and it doesn't mean that they're not still part of the group!





Instead of sharing some things
with our classmates — like
crayons, markers, or glue sticks
— we'll each have our own set
of supplies that we can use at
school each day.

Can you write your name on
the supply bag and color in the
markers?



In the hallways, there will be signs on the walls and stickers on the floor to remind us to keep space between each other.





It's important that we still
get a lot of fresh air. On the
playground we'll keep space
between each other, too!



We'll make sure to wash our hands a lot while we're at school, and at the end of the day, we'll bump elbows, smile, and wave to each other instead of hugging goodbye.



37



38





39



When we go home after school every day, special cleaners are used to get rid of any germs that get left behind. This way, our toys and desks are clean and ready to use when we come back to school the next day.



40

Remember, when we're feeling scared or confused about any of the changes that we see when we go back to school, we can always talk to our teachers and families.

What questions would you ask?



Special thanks to:

Virginia Barry, PhD

Cathy Cianfarano, MA SAS

Steve Held, MA SAS, CAGS

Janie Howard, PsyD

Michael Rodriguez, MD

